

# Paris, Venice, Mexico or Rome: The Best Luxury Hotels for Female Solo Travellers

By [Sharon Jordan](#) - March 26, 2025



**Female solo travel** is no longer just a niche trend; it's a movement.

Women are embracing the freedom of exploring the world on their own pace. This shift is due to growing confidence, enhanced safety measures, and the rise of digital nomadism, which has redefined work-life flexibility.

These luxurious hotels present the ideal accommodation for a memorable holiday. Whether shopping and fine dining in Paris or relaxing in a serene retreat in Rome, these handpicked hotels provide comfort, security, and indulgence, allowing you to embrace every moment with confidence and ease.

**Ser Casassandra – Holbox, Mexico**



**Ser Casassandra**, a boutique retreat located on the peaceful island of Holbox, celebrates its 25th anniversary this year. With 18 rooms, suites, and a private villa, the resort offers the ideal destination for female solo travellers desiring restoration and self-discovery. Mornings begin with yoga by the poolside garden, where guests can practice Ashtanga, Hatha, or Vinyasa in the warm breeze. The day may proceed with healing therapies at AHAL Holistic Center, where Mayan-inspired treatments and meditation guide visitors toward inner harmony. The ocean invites a restorative swim between mindful sessions, and adventure awaits with snorkelling or whale shark experiences.

As the sun sets, self-discovery and personal growth workshops help cultivate awareness and ease. Holbox itself is a quiet escape, away from the hustle of the everyday world. Its town, founded by local fishermen, preserves a profound connection to nature and tradition. Ser Casassandra's culinary offerings are a unique experience, reflecting this authenticity with fresh, locally sourced ingredients at Ser Esencia, a restaurant celebrated by The New York Times. Amanecer serves nourishing breakfasts, while Mojito's Beach Club brings Cuban flavours to the coast. Here, solo travel is not just a holiday but a change, a possibility to reconnect with oneself in a setting of art, nature, and conscious living.

**Starhotels Collezione: Castille Paris- Paris, France**



Paris, a destination that has always fascinated travellers, perfectly blends of culture, luxury, and gastronomic delights. At **Castille Paris**, you can immerse yourself in the city's charm, staying in a prime location near the Louvre, Place Vendôme, and the Champs Élysées. Situated on Rue Cambon, in the area of the iconic Maison Chanel, the hotel is surrounded by the upscale boutiques of Rue Saint Honoré, ideal for those who appreciate high-end shopping. After a day of exploring museums, historic landmarks, and enchanting streets, de-stress at the hotel's fitness centre or seek the recommendation of the expert concierge team for personalised tours for the next day, ensuring a perfect and secure vacation. For evenings spent in the comfort of your room, the 24-hour room service ensures convenience with a delicious selection of meals delivered right to your door.

If your travels get you to Paris during Easter, enjoy the hotel's special holiday menu at L'Assaggio. Delight in poached egg on green asparagus with aged Parmesan cream and black truffle, followed by delicate cannelloni stuffed with ricotta, spinach, and girolles. The main course features a roast lamb shank with potato millefeuille and carrot purée, ending on a sweet note with a profiterole filled with Piedmont hazelnut ice cream and drizzled with chocolate sauce. Paired with a glass of champagne, this dining experience celebrates Italian flavours in the heart of Paris.

**Furore Grand Hotel- Furore, Italy**





**Furore Grand Hotel** presents the ideal retreat on the enchanting Amalfi Coast for women desiring a peaceful and restorative solo getaway. Located between Positano and Amalfi, this elegant hotel is home to the world-class Petramare Spa; inspired by the healing properties of the Mediterranean olive tree, it provides a comprehensive wellness experience in indoor and outdoor settings. Indoors, the spa expands over 500 square meters, with a heated pool and whirlpool. For a holistic spa experience, visitors can immerse themselves in the calming effects of the sauna, Turkish bath, multisensory emotional shower, revitalising jacuzzi, and steam room. The outdoor area spans 2,500 square meters, offering a tranquil retreat with breathtaking views of the Mediterranean Sea. It features infinity and saltwater pools and a well-equipped solarium.

Outdoor, you can also enjoy hydrotherapy paths and relax with massages. The area also includes dedicated spaces for mindfulness activities such as Pilates and Meditation. Surrounded by greenery, the wellness park features a state-of-the-art gym with Technogym equipment and weights, allowing you to stay active in a serene and private environment with sea views. Beyond the spa, Furore Grand Hotel makes solo travel effortless and enjoyable, offering a safe and welcoming atmosphere with high-quality service and luxurious amenities. Spacious sea-view suites, delicious dining at the Michelin-starred Bluh Furore, and inviting lounge spaces create an environment where you can fully embrace la dolce vita. With comfort, safety, and luxury at its essence, Furore Grand Hotel allows you to experience Italy at your own pace, combining adventure with serene moments of self-care.

**Palazzo Dama- Rome, Italy**



Plan an unforgettable solo trip to Rome, where you can enjoy the city's timeless charm and indulge in moments of self-care at **Palazzo Dama**. Start your morning with a delightful breakfast before heading to the outdoor heated pool, a true rarity in central Rome. Unlike any other hotel, this exclusive oasis offers a peaceful retreat where you can sip your coffee, read a book, and relax in the serene ambience. For travellers seeking more profound relaxation, the DAHAM Health&Beauty SPA provides a high-quality wellness experience. Spanning 200 square meters, the spa features a water bath with a whirlpool, Finnish sauna, Turkish bath, and private relaxation areas. With expert therapists offering specialised facial and body treatments, this is the most excellent method to restore your body and mind.

Beyond the hotel, explore Rome with carefully tailored experiences. Join guided tours to discover the city's rich history while feeling safe in a group setting. For an artsy afternoon, participate in one of the hotel's creative workshops, from calligraphy to ceramic. In the evening, treat yourself to a solo date at PACIFICO, where sophisticated Nikkei cuisine offers a delicious alternative to Italian food. Whether relaxing by the pool or exploring the city, Palazzo Dama ensures a luxurious, relaxing, empowering solo travel experience.

**The Venice Venice Hotel- Venice, Italy**



Venice, with its timeless elegance, invites solo female travellers to discover a city where history and modernity interlace effortlessly. Located along the Grand Canal, [The Venice Venice Hotel](#) redefines Venetian appeal, presenting a sophisticated stay in the middle of the city's lively heart. The hotel's artful design and contemporary take on Venetian style transform each space into a living artwork, while the mixture of architecture, fashion, and design honour the city's avant-garde spirit. Guests can also experience the city's cultural scene close to the renowned Rialto Bridge before returning to their tranquil property. With grand windows framing the lagoon light, the rooms provide an intimate yet immersive Venetian experience, perfect for those seeking inspiration and privacy.

For those looking to relax away from the busy Venetian tourist scene, the Felix Anima Spa offers a refuge of unparalleled tranquillity. Art and wellness unite in this ethereal space, where customised treatments infused with natural extracts revitalise both body and mind. The interplay of light, scent, and texture converts the spa into a reflective withdrawal, mirroring Venice's rhythm of renewal. After a morning of art and exploration, you can try a delicious aperitif on the Grand Canal terrace or taste a curated selection of Venetian flavours at Venice M'Art.

**Solo travel is an empowering experience that allows travellers to explore and enjoy what a destination offers at their own pace, embrace spontaneity, and discover new places with a fresh perspective. Whether you want to immerse yourself in the peaceful rhythms of Ser Casasandra, recharge at the world-class wellness facilities of Furore Grand Hotel, or find comfort in The Venice Venice Hotel's artful atmosphere, each luxury hotel provides the ideal setting for an unforgettable holiday.**

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### Sharon Jordan

Having acquired Irish Travel Trade Network in 2020, it is my specific goal to provide accurate and leading news content to the Travel Consumer and Trade. Having worked for many leading Irish and